

First Aid for Tenderfoot

Troop 313

February 19, 2018

Scenario

- You are at camp taking a nap on your hammock. A fellow scout is seated nearby whittling. He suddenly yells, “Owwwww” and grabs his hand.



The First Aid Method

- Check the scene
- Call for help
- Approach safely
- Provide urgent treatment/first aid
- Prevent further injury
- Treat for shock
- Make a more thorough exam
- Plan a course of action

How do you prevent
this from happening
again?

Scenario

- You are at home playing a video game. Your mom is in the kitchen getting supper ready. You hear her say “Oh My Gosh!” You run to the kitchen and see her hold her hand in a bloody towel.



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Scenario

- You are at home playing with your friends on your skateboard or rollerblading. One of your friends tries to turn too fast, loses control and falls.



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Scenario

- You are at camp playing manhunt after dark. One of the scouts trip and falls while running. You notice he isn't getting up.



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Scenario

- You are hiking with your troop at Jones Gap. You notice that your fellow scout has slowed down his pace. You ask him what is wrong. He says his feet hurt.



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Scenario

- You are at summer camp at merit badge class for canoeing and kayaking. One of the older scouts has slowed down his paddling and frequently stops and puts down his paddle.



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Scenario

- You are at camp. While preparing grub, a new scout accidentally spills boiling water on his hand.



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Scenario

- You are at camp arrowhead with the troop. It has been a very sunny day. Your patrol mate looks uncomfortable. He says his back stings, making it hard to lie down and even put on his shirt. You look at his back.



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Scenario

- You are at winter camp. It is one of the coldest ones you have been to, with temperatures of 18 degrees F at night and 28 degrees F during the day. A new scout keeps rubbing his ear, saying it hurts and feels numb.



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Scenario

- You are at winter camp. It is one of the coldest ones you have been to, with temperatures of 18 degrees F at night and 28 degrees F during the day. A new scout is complaining that he can't feel his feet. He says that earlier in the day, they felt numb and hurt. Now he can barely feel anything.



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Scenario

- You are out on a walk in your neighborhood with your family. You notice a strange dog lurking at the edge of a wooded area. It is panting heavy and barking viciously. Your younger brother gets scared, and before you can stop him, runs away fast. The dog chases him down, bites him in the leg and then runs off into the woods.





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Scenario

- You are at your friend's house playing fetch the ball with his dog, which has been their pet for a long time. After running back and forth many times, the dog is very excited and bites your hand while trying to get the ball.



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Are you worried about rabies?

Scenario

- You and a fellow scout are horsing around using staffs as swords. You accidentally hit the side of his nose as he lunges forward unexpectedly.



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Skill Demonstration

- Cuts, scrapes
- Blisters
- 1st degree burn
- Sunburn
- Frost bite
- Animal bite
- Nosebleed

Scenario

- You are at a restaurant with your family. Seated next to your table is another family. You notice them because the father is talking loudly. Suddenly, it's silent. He has stopped talking. You look over and see him grabbing his throat.



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Scenario

- You and your brother have spent the entire day playing in your backyard, which also has a wooded area with a lot of weeds and overgrowth. You notice your brother scratching his leg. Two hours later he is still scratching his leg.



You go back outside and see these plants



- You think you also may touched the same plants or run through them while playing

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POISON IVY



POISON OAK



POISON SUMAC

POISON-IVY-OAK-SUMAC.COM

Scenario

- You are playing with your cousins in an old barn at your grandfather's farm. Later that day, your cousin complains of a stomach ache and vomits. He is very sweaty and says he hurts all over but his hand hurts the most.



You remember seeing this pretty
looking bug



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Scenario

- You are hiking in the woods with your troop. While getting ready for lights out, your tent mate asks you to look at his back because he feels something itchy.



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with How to Treat Tick Bites

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Scenario

- You are playing in the back yard with your friends, hitting different objects with your sling shots. One of your friends decides to hit a a unique target.



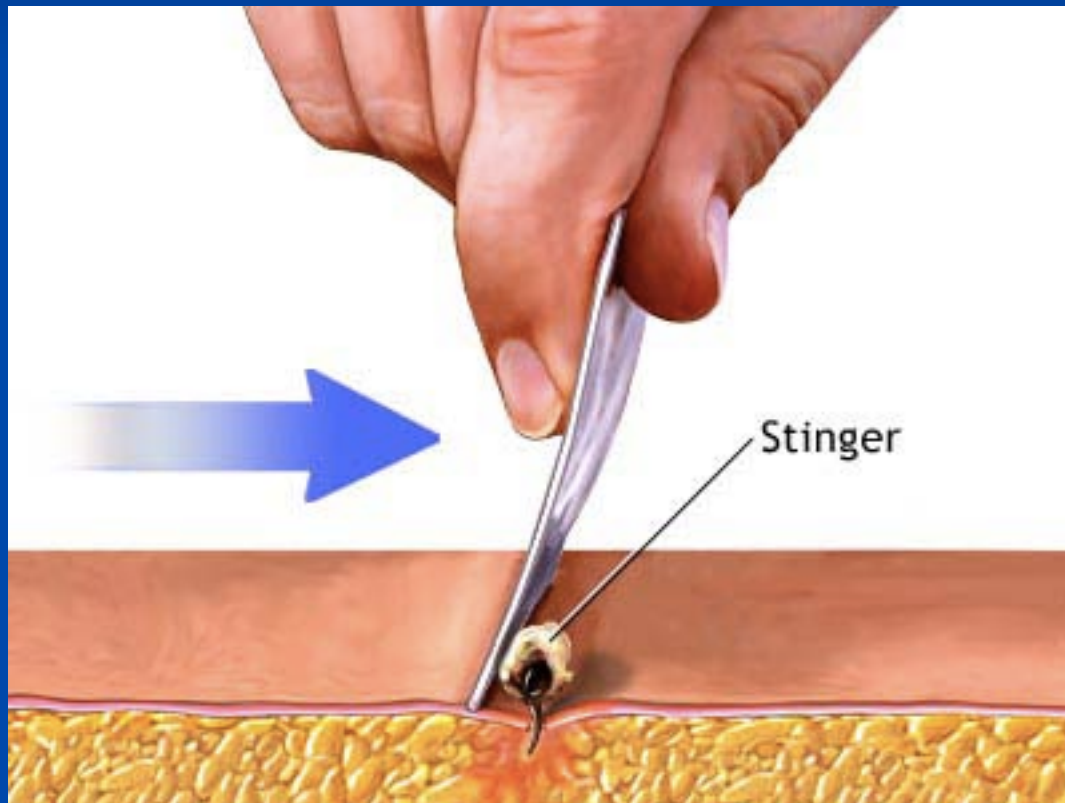
... then gets bitten by one of these





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Scenario

- You are on a hike with your troop. You stop for a water break. One of the scouts sits on a log to rest. He suddenly yells “owwww” and pulls his leg up.

This is how his leg looks



You look behind the log and see...



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What if you saw ...





HARMLESS
KING SNAKE

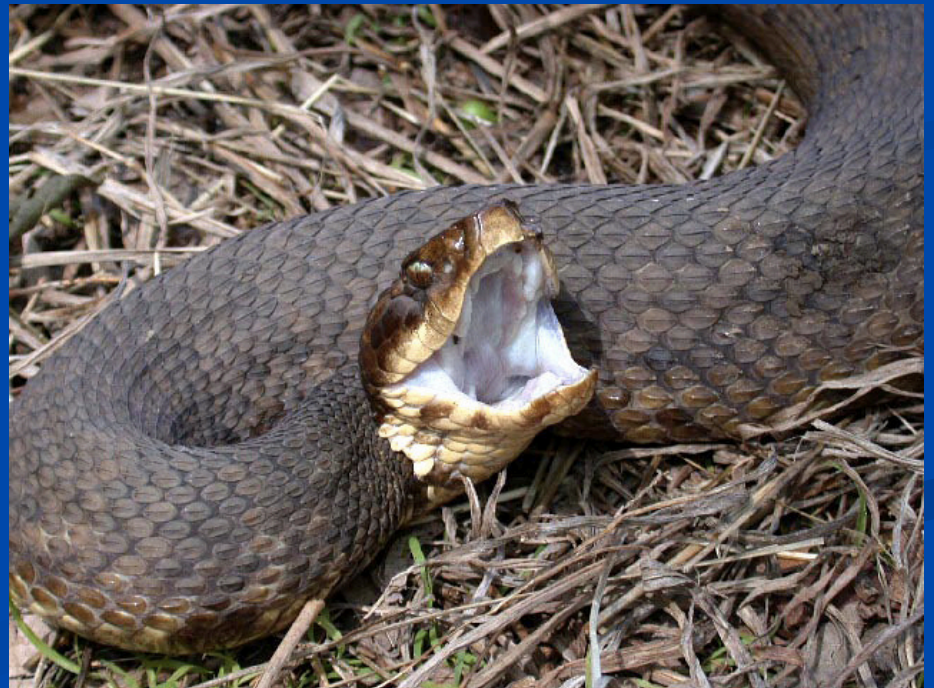
Red touches black
You're OK Jack



DEADLY
CORAL SNAKE

Red touches yellow
You're a dead fellow







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Skill Demonstration

- Choking
- Hazardous plants
- Spider bite
- Tick bite
- Bee/wasp sting
- Snake bite

First Aid Kit

- Assemble your own
- Bring to next meeting and show to Mr. Villareal or Paguntalan

